

KIKKOMAN RECIPES KIDS LOVE! KIKKOMAN RECIPES KIDS LOVE!

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KIKKOMAN®

New Trends K-12

In this recipe book, seasoned K-12 culinary consultant **Chef Rebecca Polson** partners with **Kikkoman USA** to fuel the **Power of School Meals**. As school nutrition operators face the dual challenge of navigating tightening government regulations and elevating menu options to boost student participation, this collaboration offers the ultimate culinary roadmap.

By combining **Chef Rebecca** and **Chef Corrie**'s expertise in empowering school kitchen teams with Kikkoman's versatile, less-sodium umami lineup, these recipes strike the perfect balance: seamlessly meeting strict nutritional targets - including the upcoming 2027 limits - while delivering the bold, globally inspired flavors that Gen Alpha craves. Ultimately, this collection proves that nutritious, scratch-made food has the unmatched power to nourish, inspire, and drive student success.



KIKKOMAN®

K-12 Pantry Essentials



SOY SAUCES

Soy Sauce **00171 (1 Gal)**

Less Sodium Soy Sauce **00130 (0.5 Gal)**

Gluten-Free Tamari Soy Sauce **00158**

Less Sodium Gluten-Free Tamari Soy Sauce **00155**

TERIYAKI SAUCES



Teriyaki Glaze **04910**

Less Sodium Teriyaki Glaze **01657**

Teriyaki Glaze with Honey & Pineapple **01187**

Less Sodium Teriyaki Marinade & Sauce **01046**

Less Sodium GF Teriyaki Marinade & Sauce **01045**



SOYMILK

Pearl® Organic Soymilk Smart Original **06183**

Pearl® Organic Soymilk Smart Creamy Vanilla **06184**

Pearl® Organic Soymilk Smart Chocolate **06185**



KITCHEN ESSENTIALS

Gluten-Free Sriracha Sauce **01526**

Gluten-Free Hoisin Sauce **01542**

Gluten-Free Thai Style Sweet Chili Sauce **01546**

Gluten-Free Oyster Flavored Sauce **01562**

Gluten-Free Orange Sauce **01575**

GF LS Sweet & Sour Sauce **01656**

Sweet & Sour Sauce **04902**

Sushi Sauce (Unagi/Eel Sauce) **01564**

Poke Sauce **01658**

Rice Vinegar **02020**

Non-GMO Toasted Sesame Oil **01702**

Katsu (Japanese Steak) Sauce **02154**

Ponzu Sauce **02084**

Ponzu Lime Sauce **02305**



SAUCE PACKETS

Less Sodium Soy Sauce Packets **00120**

Gluten-free Tamari Soy Packets **00129**

GF Thai Style Chili Sauce Packets **01566**



Sweet Thai Chili Chicken & Waffle Sliders

GF SWEET THAI CHILI SAUCE - 01546



Full
Recipe



Serving Size 2 Each / 50 servings

Serving Notes: Can serve 3 for
Lunch sized portion

One portion provides:

1.25 oz MMA, 1.5 oz Grain

Allergens: Milk, Egg, Soy, Wheat

Ingredients

- 100 each (Approx. 7 pounds)
Chicken, tenders, crispy
- 3 Cups Kikkoman® Sweet Thai
Chili Sauce
- 100 each Waffles, whole-grain,
mini
- Onions, green, chopped

Kikkoman Sauce Hack:

- 1 $\frac{3}{4}$ cup Kikkoman® Sweet Thai
Chili Sauce
- 1 $\frac{3}{4}$ cup Mayonnaise, reduced
calorie

Nutritional Facts

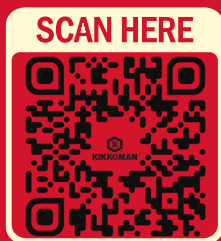
Serving Size: 2

Calories **340** % DAILY VALUE

Total Fat	12g
Sat. Fat	2.5g
Cholestrol	50mg
Carbohydrates	50g
Total Sugars	19g
Sodium	880mg
Dietary Fibers	1g
Protein	10g
Iron	3mg

Calcium: 200mg; Potassium: 160mg;
Vit. A: 29.85 mcg RAE; Vit. C: 0.47mg; Vit. D: 0mg

Crispy Orange



chicken pizza

Full
Recipe



Ingredients

- 2 lbs 4oz Chicken, chunks, whole grain, breaded
- 1 Cup Kikkoman® Gluten-free Orange Sauce (For marinade)
- 6 each Crust, pizza, round, whole grain, 16 inch
- 6 cups Kikkoman® Gluten-free Orange Sauce (For the pizza)
- 4 lbs 8oz Cheese, mozzarella, part-skim, shredded
- 1 lbs 4oz Pepper, red, bell, julienne
- 1 lbs 2 oz Carrots, matchsticks
- Cilantro, chopped (as needed)
- Onions, green, chopped (as needed)



Nutritional Facts

Serving Size: 1

Calories **350** % DAILY VALUE

Total Fat 12g

Sat. Fat 5g

Cholestrol 30mg

Carbohydrates 45g

Total Sugars 15g

Sodium 650mg

Dietary Fibers 3g

Protein 15g

Iron 1.6mg

Calcium: 310mg; Potassium: 210mg;
Vit. A: 317.61 mcg RAE; Vit. C: 15.78mg; Vit. D: 0.1mg

Sweet & Sour Loaded Totchos



SWEET & SOUR SAUCE - 04902



Full Recipe



Serving Size 1 Bowl / 50 servings

One portion provides:
2 oz MMA, 1 cup Vegetable (3/4 starchy, 1/4 additional)
Allergens: Milk, Soy, Wheat

Ingredients

- 12 lbs Potato products, frozen, round
- 3 lbs 2oz Chicken, diced, commodity
- 2 Cups Kikkoman® Sweet & Sour Sauce (for marinade)
- 3 lbs 2oz Cheese, cheddar, shredded
- 1 lb 4oz Pepper, red, bell, diced
- 10oz Cabbage, red, shredded
- 8 oz Cabbage, green, shredded
- 10oz Carrots, matchsticks
- 2 lbs Pineapple, fresh, diced
- 2oz Cilantro, chopped
- Onions, green, chopped
- 3 1/4 cup Kikkoman® Sweet & Sour Sauce (for drizzle)

Nutritional Facts

Serving Size: 1

Calories **410** % DAILY VALUE

Total Fat	20g
Sat. Fat	8g
Cholestrol	50mg
Carbohydrates	37g
Total Sugars	11g
Sodium	940mg
Dietary Fibers	2g
Protein	18g
Iron	1.6mg

Calcium: 210mg; Potassium: 650mg;
Vit. A: 328.62 mcg RAE; Vit. C: 28.94mg; Vit. D: 0.2mg

Orange Chicken Yakitori Skewer Bento



Full
Recipe

By Chef Corrie Clark



Serving Size: 1 bento/ 50 servings

One portion provides:

2 oz. eq. M/MA, $\frac{3}{4}$ cup Total vegetable ($\frac{3}{4}$ cup Other Vegetable), 1 oz. eq. grains

Allergens: Sesame

Nutritional Facts

Serving Size: 1

Calories **440** % DAILY VALUE

Total Fat 7g

Sat. Fat 1.5g

Cholesterol 60mg

Carbohydrates 75g

Added Sugars 5g

Sodium 260mg

Dietary Fibers 5g

Protein 20g

Iron 2.3mg

Calcium: 50mg; Potassium: 500mg;
Vit. A: 17.64 mcg RAE; Vit. C: 8.71mg; Vit. D: 0mg

Ingredients

- Orange Chicken Yakitori
- 6 lbs, 14 oz Chicken thighs, boneless, skinless
- 1 $\frac{1}{4}$ cup Kikkoman Gluten-Free Orange Sauce
- 2 $\frac{1}{2}$ tsp Garlic, minced
- 2 $\frac{1}{2}$ tsp Ginger, grated
- 1 lb 14 oz Green onions, fresh, whole
- Sunomono (Cucumber Salad)
- 10 lbs Cucumbers, fresh
- 2 $\frac{1}{2}$ tsp Kosher salt
- $\frac{3}{4}$ cup 3 tbsp Kikkoman Rice Vinegar
- $\frac{1}{4}$ cup, 1 tbsp Sugar, granulated
- 1 $\frac{1}{4}$ tsp Kikkoman 40% Less Sodium Gluten-Free Tamari Soy Sauce
- 1 Tbsp 2 tsp Sesame seeds
- Rice
- 4 lbs 6 z Rice, brown, dry, long grain
- 2 qt, 6 fl oz Water
- 1 $\frac{1}{4}$ tsp Kosher salt

Grilled Swicy Chicken Bo Bun Salad



Serving Size 1 Each / 50 servings

Serving Notes: Garnish with Chopped peanuts if allowed, Make extra marinade and serve on the side as dressing.

One portion provides:

2 oz MMA, 2 oz Grain, 1 ¼ cup Vegetable(½ cup DG, ½ cup R/O, ¼ cup B, P, L), ¼ cup fruit

Allergens: Sesame, Soy

Ingredients

- 6 lbs 4oz Chicken, grilled, strips, commodity, thawed
- 1 Cup Kikkoman® Gluten Free Hoisin Sauce
- ½ cup Kikkoman® Sweet Thai Chili Sauce
- ¼ cup Juice, lime, fresh
- ¼ cup Kikkoman® Sesame Oil
- 2 Tbsp Garlic, minced
- 1 Tsp Pepper, red, flakes, crushed
- 7 lbs 14oz Noodles, brown rice
- 6 lbs 8oz Romaine, shredded
- 2oz Cilantro, chopped
- 8oz Onions, green, chopped
- 2 lbs 9oz Carrots, matchsticks
- 7 lbs 4oz Edamame, shelled, tempered

Nutritional Facts

Serving Size: 1

Calories	310	% DAILY VALUE
Total Fat	7g	
Sat. Fat	1.5g	
Cholesterol	60mg	
Carbohydrates	36g	
Total Sugars	7g	
Sodium	190mg	
Dietary Fibers	7g	
Protein	31g	
Iron	2.6mg	

Calcium: 130mg; Potassium: 820mg;
Vit. A: 1848.5 mcg RAE; Vit. C: 16.19mg; Vit. D: 0mg



Full Recipe



Teriyaki Roasted Green Beans with Sesame Crunch



GLUTEN-FREE PANKO - 05033



Full Recipe

SCAN HERE



Serving Size 1/2 cup / 50 servings

Serving Note: Can use frozen green beans in place of fresh.

SESAME OIL - 001702



LESS SODIUM TERIYAKI GLAZE - 01657



One portion provides:

½ cup Veg (Other)

Allergens: Sesame, Soy

Ingredients

- 8 lbs 2oz Beans, green, fresh, whole, trimmed
- ¼ cup Oil, neutral
- 1 Cup Kikkoman® Gluten-Free Panko Style Coating
- ½ cup Seeds, sesame, black and white
- 1 Tbsp Kikkoman® Sesame Oil
- 1 ½ cups Kikkoman® Low Sodium Teriyaki Glaze

Nutritional Facts

Serving Size: ½ CUP

Calories **50** % DAILY VALUE

Total Fat	2g
Sat. Fat	0g
Cholesterol	0mg
Carbohydrates	8g
Total Sugars	4g
Sodium	190mg
Dietary Fibers	2g
Protein	2g
Iron	1mg

Calcium: 40mg; Potassium: 170mg;
Vit. A: 175.65 mcg RAE; Vit. C: 9.25mg; Vit. D: 0mg

Korean BBQ

Breakfast Burrito

Full
Recipe

SCAN HERE



Serving Size: 1 Each / 50 servings

One portion provides:

2.5 oz MMA, 1.5 oz Grain, ¼ cup Veg (Starchy)

Allergens: Milk, Egg, Sesame, Soy, Wheat

Nutritional Facts

Serving Size: 1

Calories **330** % DAILY VALUE

Total Fat 10g

Sat. Fat 5g

Cholesterol 25mg

Carbohydrates 40g

Total Sugars 9g

Sodium 910mg

Dietary Fibers 5g

Protein 19g

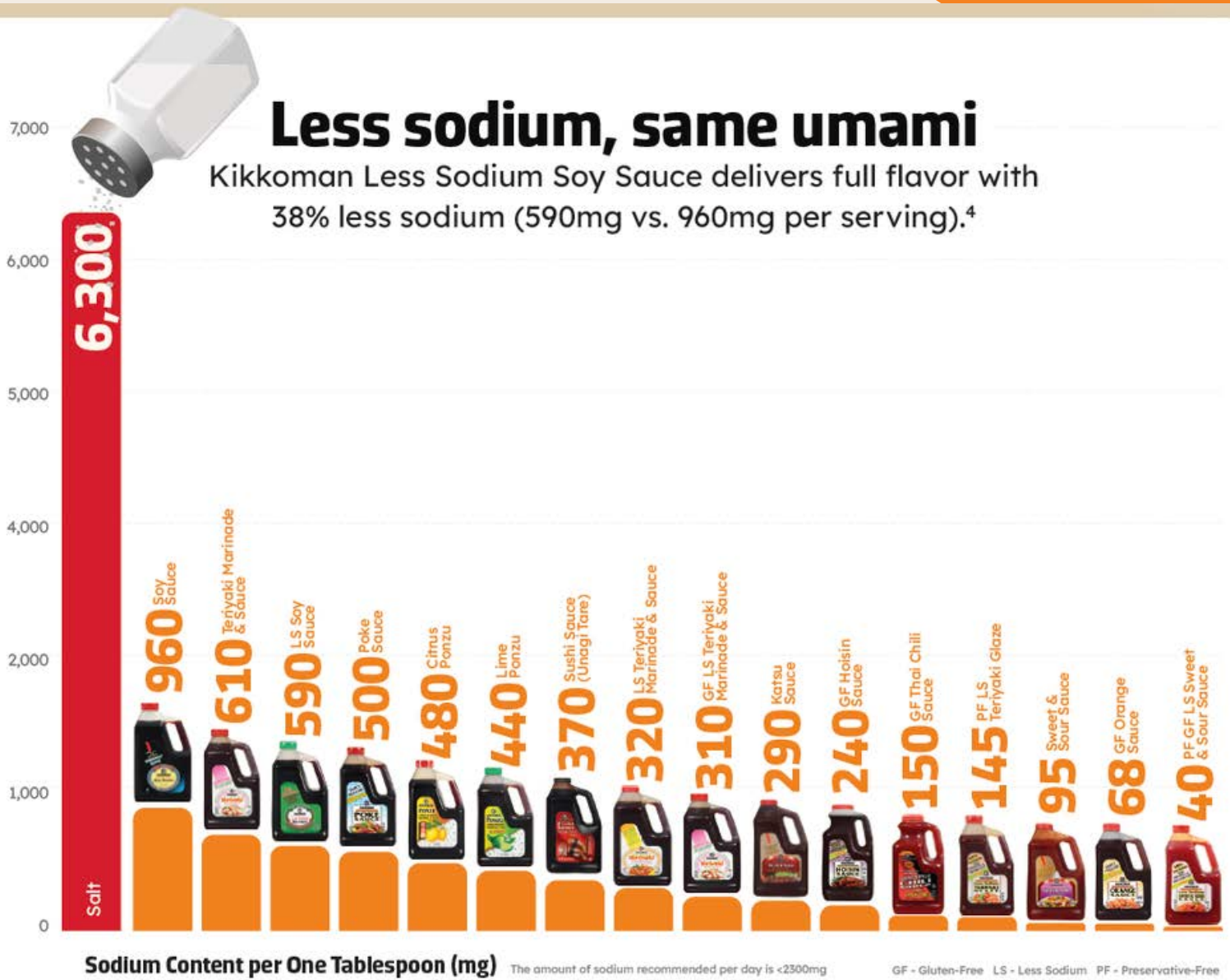
Iron 2.5mg

Calcium: 230mg; Potassium: 680mg;
Vit. A: 106.68mcg RAE; Vit. C: 3.5mg; Vit. D: 0.6mg

Ingredients

- 4 lbs Potato products, frozen, rounds
- 4oz Butter, unsalted, melted
- 3 lbs 2oz Eggs, liquid, whole
- 3 ¼ cups Kikkoman® Gluten-free Korean BBQ Sauce
- 4 lbs Sausage, turkey, crumbles, thawed
- 1 lb 9oz Cheese, mozzarella, shredded
- 5oz Onions, Green, sliced
- 50 each - Tortillas, whole grain, 8 inch, warmed





Gluten-Free Products

COMING
SOON



Please note: The Gluten-free Korean BBQ Sauce image is a mock-up product image for illustration purposes only. Actual product may vary.



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K-12 Resource



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